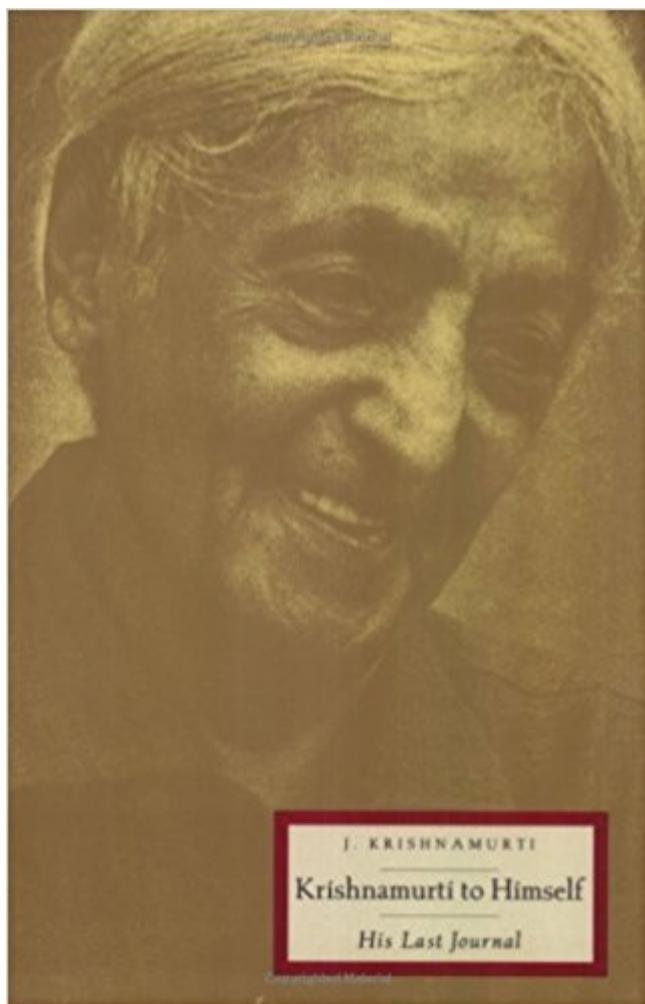


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# Krishnamurti To Himself: His Last Journal



## **Synopsis**

Krishnamurti's last journal, spoken into a tape recorder at his home, Pine Cottage, in the Ojai Valley, brings the reader close to this renowned spiritual teacher. Dictated in the mornings, from his bed, undisturbed, Krishnamurti's observations are captured here in all their immediacy and candor, from personal reflections to poetic musings on nature and a serene meditation on death. Reflecting the culmination of a life of spiritual exploration, these remarkable final teachings engage and enlighten.

## **Book Information**

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## **Customer Reviews**

J. Krishnamurti (1895-1986) was a renowned spiritual teacher whose lectures and writings have inspired thousands. His works include On Mind and Thought, On Nature and the Environment, On Relationship, On Living and Dying, On Love and Lonliness, On Fear, and On Freedom.

People don't like to think too much about serious matters like death. Krishnamurti spent his whole life thinking about such matters. And I am convinced he experienced some extraordinary states of mind because of it. I don't agree with him about everything. I've spent decades studying meditation, Buddhism, theoretical physics, the brain, and everything else I could to try to understand the world and our relationship to it. Now I know how to ask much better questions than I used to. And Krishnamurti has been a big help in this regard. He knew he was approaching death when he started dictating this into a cassette recorder. If you have never read Krishnamurti, this isn't a bad place to start.

Krishnamurti spoke to audiences all around the world. Although most of what he has spoken about has been written down and published into many books, this book has a significance because he was gone from us not too long after. Spoken into a recording device, at his retreat home in Ojai, California, he shares reflections on all things timeless...meaningful in its simple approach. It is one of those books that you will want to carry around with you to read from in quiet moments, highly recommended.

Best taken in small doses for the following reasons. 1. Krishnamurdi expresses throughout his writings one central theme, the window dressing ( often quite picturesque) is the variation on the theme. 2. His ideas are radical and profound and take some considerable getting used to

nice

Ojai ramblings going back through the life themes that have always been his force. The best aspect is bringing these ideas into life's space - with observations of daily life, natural cycles and vistas in Ojai and Southern California

Book was of poor quality. So skinny it was more like a magazine. Poor paper, poor printing.

Gives glimpses into what can occur when self-centered activity is suspended. Written by a true naturalist.

Complementary reading on him. Death is a good subject on these reflections.

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